

GLADIATOR® VS. OTHER PROTEIN BRANDS



	GLADIATOR COMPLETE PROTEIN (2LB)	DYMATIZE ELITE WHEY (2LB)	OPTIMIUM GS 100% WHEY (2LB)	METABOLIC NUTRITION PROTIZYME (2LB)	MUSCLEPHARM COMBAT 100% WHEY (2LB)	MUSCLE MILK (2.5LB)	BSN SYNTHA 6 (2.9LB)
Gram Weight	31	31	31	31	31	31	31
Calories	110	110	108	106	118	131	129
Calories From Fat	12.5	13	10	12	10	43.5	32
Total Fat (g)	1	1	1	1	1	5	4
Saturated Fat (g)	0	1	.5	.5	.5	2	1
Cholesterol (mg)	2.5	42	39	56	34.5	9	45
Total Carbohydrate (g)	2.5	2.5	2	2	2	8	10
Dietary Fiber (g)	.5	1	0	1	0	2	3
Sugars (g)	1.5	1	2	2	1	2	2.5
Other Carbohydrate (g)	.5	0	0	0	0	0	0
Protein (g)	23	21	24	22	25	14	14
NSF "Certified for Sport"	✓					✓	
Contains Pepform BCAA's	✓						
First Protein Ingredient	Whey Isolate	Whey Concentrate	Whey Isolate	Whey Isolate	Whey Isolate	Calcium Casein	Whey Concentrate
Vitamin/Mineral Complex	✓			✓		✓	
Contains Whey Hydrolysate	✓					✓	
Contains Misellar Casein	✓				✓		✓
Contains Egg White	✓				✓		✓
Contains Whey Concentrate		✓	✓	✓	✓	✓	✓
Contains Glutamine	✓			✓		✓	✓
Contains Aminogen	✓		✓				
Contains Lactase	✓	✓	✓	✓	✓		
Contains Artificial Flavors		✓	✓	✓	✓	✓	✓
Contains Acesulfame Potassium		✓	✓		✓	✓	✓
Contains Carrageenan		✓					